

# Enhanced Barrier Precautions: Highlights and Resources

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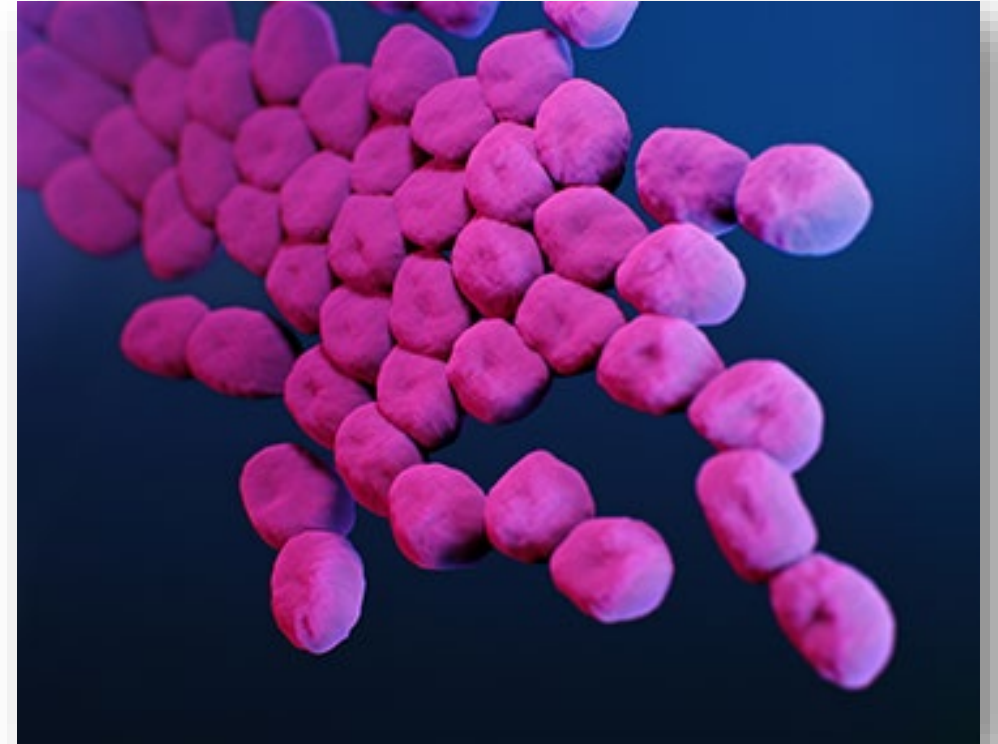
# What is Enhanced Barrier Precautions (EBP)?




- CDC defines EBP as an approach of targeted gown and glove use during high contact resident care activities, designed to reduce the transmission of MDROs.
  - Dressing
  - Bathing/Showering
  - Transferring
  - Providing hygiene
  - Changing linens
  - Peri-care/Toileting
  - Device care or use
  - Wound care – any skin opening requiring a dressing
- Standard precautions should always be used in addition to transmission-based precautions.
- Unlike contact precautions there is no room restriction

# When Should EBP Be Used?



- For residents with indwelling medical devices (regardless of MDRO colonization status)
  - Urinary catheters
  - Tracheostomy/ventilator
  - Central lines
  - Feeding tubes
- For residents with wounds (regardless of MDRO colonization status)
- For residents with an infection or colonization with a multi-drug resistant organism (MDRO) – EBP is used for the duration of the residents stay
  - Carbapenemase-producing carbapenem-resistant organisms: *Pseudomonas* species, Enterobacterales, *Acinetobacter baumannii* (CRAB)
  - *Candida auris*
  - MRSA, VRE, ESBL-producing Enterobacterales, drug-resistant *Streptococcus pneumoniae*, Multidrug-resistant *Pseudomonas aeruginosa*



**STOP** **ENHANCED BARRIER PRECAUTIONS** **STOP**  
**EVERYONE MUST:**


 Clean their hands, including before entering and when leaving the room.

**PROVIDERS AND STAFF MUST ALSO:**

  Wear gloves and a gown for the following High-Contact Resident Care Activities.

Dressing  
 Bathing/Showering  
 Transferring  
 Changing Linens  
 Providing Hygiene  
 Changing briefs or assisting with toileting  
 Device care or use:  
 central line, urinary catheter, feeding tube,  
 tracheostomy  
 Wound Care: any skin opening requiring a dressing

Do not wear the same gown and gloves for the care of more than one person.

 U.S. Department of Health and Human Services  
 Centers for Disease Control and Prevention

## Help Stop the Spread!

- Place EBP signage near the point of entry
- Place isolation carts outside of the resident room
  - Provide gowns, gloves, and face protection if there is a potential/risk of splashing or spraying.
- Perform hand hygiene!
  - Before entering the room
  - Before donning gloves
  - Between tasks as appropriate
  - When leaving the room
- If the resident has a roommate always remove PPE and perform hand hygiene prior to assisting the roommate
- Always remove/doff/dispose of PPE in the resident room prior to exit

# Resources

[Consideration for Use of Enhanced Barrier Precautions in Skilled Nursing Facilities HICPAC \(cdc.gov\)](#)

[Implementation of Personal Protective Equipment \(PPE\) Use in Nursing Homes to Prevent Spread of Multidrug-resistant Organisms \(MDROs\) | HAI | CDC](#)

[Frequently Asked Questions \(FAQs\) about Enhanced Barrier Precautions in Nursing Homes | HAI | CDC](#)

[Pre-Implementation Tool—Enhanced Barrier Precautions \(EBP\) \(cdc.gov\)](#)

[Enhanced Barrier Precautions \(EBP\) Implementation—Observations Tool \(cdc.gov\)](#)

EBP Signage: [enhanced barrier precautions final rev3 \(cdc.gov\)](#)

Letter for NH Leadership: [Enhanced Barrier Precautions—Letter \(cdc.gov\)](#)

Letter for NH Staff: [Help Keep Our Residents Safe - Enhanced Barrier Precautions in Nursing Homes \(cdc.gov\)](#)

Letter for Residents, Families, Friends and Volunteers: [Keeping Residents Safe – Use of Enhanced Barrier Precautions \(cdc.gov\)](#)

## Resources

PPP Enhanced Barrier Precautions in Skilled Nursing Facilities: [PowerPoint Presentation \(cdc.gov\)](#)

PPP: [Enhanced Barrier Precautions in Nursing Homes to Prevent the Spread of Novel or Targeted MDROs \(cdc.gov\)](#)

CDC Webinar Series: Implementation and Use of Enhanced Barrier Precautions in Nursing Homes: [Tune in to Safe Healthcare: A CDC Webinar Series | Training & Education | Infection Control | CDC](#)