

Chills, Cough and/or Cold – Oh My!

Antibiotic only treat bacterial infections. Viral illnesses cannot be treated with antibiotics. When an antibiotic is not prescribed, ask your pharmacist or primary healthcare provider for tips on how to relieve symptoms to make you feel better.

Illness	Usual Cause		Antibiotic Needed
	Virus	Bacteria	
Cold/Runny nose	√		NO
Bronchitis/Chest cold (in otherwise healthy children & Adults)	√		NO
Whooping Cough		√	YES
Flu	√		NO
Strep Throat		√	YES
Fluid in Middle Ear (Otitis media with Effusion)	√		NO
Urinary Tract Infection		√	YES

Antibiotics are not Always the Answer

Your Pharmacist can help you select the right cough and cold medication for you or may direct you to your primary care provider.



**Kansas Healthcare-Associated Infections
& Antimicrobial Resistance Advisory Group**

Hosted by the Kansas Department of Health and Environment and the Kansas Foundation for Medical Care

